

Safety Bulletin

Slips, Trips, and Falls

Familiarity breeds ...

Tasks we do most often are frequently done so with relatively low awareness. However, it's these tasks that represent the highest risk due to the frequency of occurrence. Unfortunately, these words have been proven true recently within Entergy's Utility Operations organization.

Earlier this week, we had two falls from trucks that resulted in significant injuries. These injuries will require weeks to completely recover, and they didn't have to happen. Exercise extreme awareness regardless of the task, and you will prevent complacency.

Below are some tips to follow that we know reduce or eliminate accidents like this:

- Wear proper footwear and make sure the soles are clean.
- Pay attention to where you're going and what's in the way.
- Use railings when walking up and down stairs.
- Keep walkways, aisles, stairs and under desks free of clutter such as storage boxes, trash, cables, electric and telephone cords, tools and materials.
- Keep desk and file drawers closed.
- Clean up leaks and spills promptly.
- Block off and mark floor areas that are being cleaned or repaired.
- Take extra care on any surfaces which might be slippery or uneven terrain. Take small steps and walk slowly. Watch out for holes and other hidden hazards.
- Report any problems such as loose tile or carpet, broken steps, or any other problems so that they can get repaired.
- Use adequate lighting and report any burned-out lights to facilities.
- Use a ladder, not boxes or chairs, to reach high places. Make sure the ladder is inspected monthly, and if the ladder is broken, make sure it is marked "Not in use".
- Walk, Don't Run (Be prepared for dogs).
- Be aware of hidden hazards and uneven terrain.
- Always move forward when climbing
- Always move backwards when descending
- Never carry objects when climbing or descending
- Keep a clean, neat truck; especially around walk ways.
- Always use extreme caution when working off a new truck.
- Always use extreme caution when working off of someone else's truck or a spare.
- Never take the short cuts of stepping over truck gates.
- Maintain "3 Points of Contact" when mounting or dismounting equipment.
- Do NOT jump down from high places such as docks, tailgates and trucks.
- **Do a thorough Hazard Assessment**